

Recommendation for Charlotte Ostermann's *Souls at Rest*:

"What the world needs now is love sweet love..." These words are from a famous old song. Today, though, in our hectic, frantic, chaotic lives we should be more prone to say, "What the world needs now is rest, sweet rest..." Mrs. Charlotte Ostermann in her book, **Souls at Rest** drives that home in her typical, characteristic way. That is she does it with a wisdom, a depth, a beauty, a poetical vein, that makes you hunger for that rest that makes life more than livable, it makes it a foretaste of what is to come, what we call Heaven! Through her words and her musings we will discover truly that the "Sabbath is God's poem of eternity"!

Sister Susan Pieper, *Apostles of the Interior Life*